

Continued Recent Intensives:

Gurmukh Khalsa

Snatam Kaur

Kelly McGonigal

Jack Kornfield

Sri Dharma Mittra

Week and Month Longs with:

Gabor Mate

Adyashanti

Sandra Ingerman

David Whyte

Matthew Fox

Mark Nepo

Reggie Ray

Sharon Salzberg

Caroline Myss

Gangaji

Sean Corne

John Haglin

Mark Whitewell (Yantra Mantra and Tantra)

Desiree Rumbaugh

Hatha

Sadie Nardoni

Seane Corne

Rodney Yee & Colleen Saidman

Gary Kraftshow - Yoga Therapy

Anatomy Series

Glen Black - Spine

Kelly McGonigal - Brain

Dr. Rick Hanson - Brain/Neuro Science